



MEDICAL & DENTAL HISTORY QUESTIONNAIRE – ADULT

PATIENT NAME: _____ DATE OF BIRTH: _____

Address: _____ Postal Code: _____

Employer/ Occupation: _____

Phone: _____ Cell: _____ Work: _____

Name of physician: _____ Phone: _____

Name of dentist: _____ Date of last exam: _____

1. Why are you seeking an orthodontic consultation/ what don't you like about your teeth or bite?

2. Have you consulted an orthodontist previously? Yes No Dr. _____

3. Do you have any health problems? Yes No

If yes, explain: _____

4. Have you ever had any serious head or face injuries?

If yes, explain: _____

5. Do you have any allergies? Yes No

If yes, please list what you are allergic to: _____

6. List current medications: _____

7. Have you ever been treated for:

- | | | | | | |
|-----------------------|-----|----|----------------------------|-----|----|
| a. Arthritis | Yes | No | j. Tonsil/adenoid problems | Yes | No |
| b. Heart murmur | Yes | No | k. Sleep apnea/snoring | Yes | No |
| c. Heart disease | Yes | No | l. Seizures | Yes | No |
| d. Clenching/grinding | Yes | No | m. Asthma | Yes | No |
| e. Anemia | Yes | No | n. Cleft lip/palate | Yes | No |
| f. Hormone problems | Yes | No | o. Skin problems | Yes | No |
| g. Diabetes | Yes | No | p. Cold sores | Yes | No |
| h. Tuberculosis | Yes | No | q. Osteoporosis | Yes | No |
| i. Cancer | Yes | No | r. Growth problems | Yes | No |

8. Do you wear a nightguard? Yes No

9. Do you have a history of thumb/fingersucking? Yes No

10. Are you a mouthbreather? Yes No

If you have dental insurance, please present your insurance information to the receptionist when you arrive.

Signature: _____ DATE: _____

Please email completed form to burnaby@nu-smile.ca (Burnaby location) or terrace@nu-smile.ca (Terrace location).